

## Walking Log

Month: Goal:

	Date	Podcast #	<b>Distance Walked</b> (mi)	# of Walkers	Total Distance
Monday			×	<b>K</b> =	
Tuesday			×	<b>K</b> =	
Wednesday			×	=	=
Thursday			X	=	
Friday			X	=	=
Monday			X	-	
Tuesday			X		<b>=</b>
Wednesday			×	<b>K</b> =	
Thursday			×	=	=
Friday			X	=	=
Monday			X	-	
Tuesday			×	=	=
Wednesday			×	<b>K</b> =	=
Thursday			×	<b>K</b> =	=
Friday			×	=	<b>=</b>
Monday			X		
Tuesday			X		<b>=</b>
Wednesday			X		<b>=</b>
Thursday			X	=	<b>=</b>
Friday			×	=	=

Totals per month — DO NOT ERASE BELOW THIS LINE.

August: November: February: May:   September: December: March: June:	
October: January: April: July:	
Grand Total =	