

2018 in Review

Our supporters helped make 2018 a terrific year filled with...



loads of learning...



and miles of smiles!



Thank you to our supporters
who make it all possible!

"The facts really get stuck in
my brain when I walk."
— Nini, 5th grade, CA

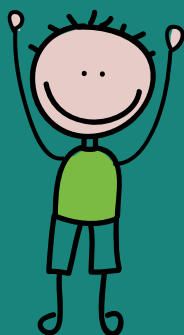
See our exciting accomplishments in 2018!

We are now a research-proven program!

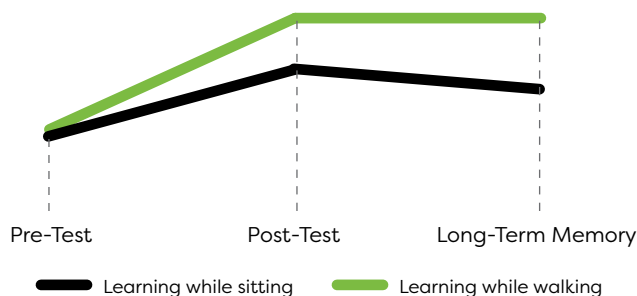
A study conducted by researchers from the University of North Carolina at Chapel Hill found that:

The Walking Classroom improves learning and retention

I learn more
(and remember
more) when
I'm walking!

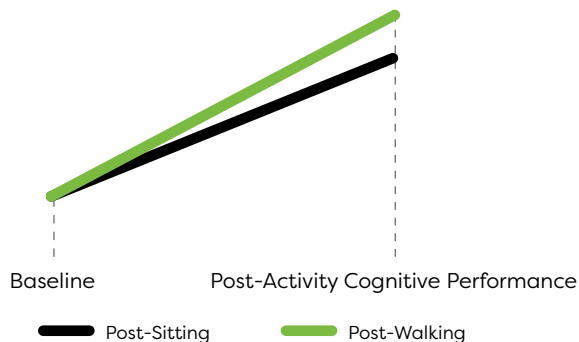


Walk, Listen, and Learn vs.
Sit, Listen, and Learn

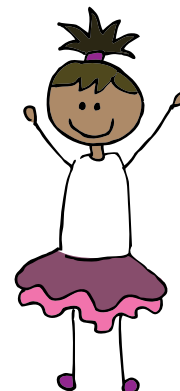


The Walking Classroom even improves learning in other subjects

Cognitive Performance on Multiplication
Test after Walking vs. after Sitting



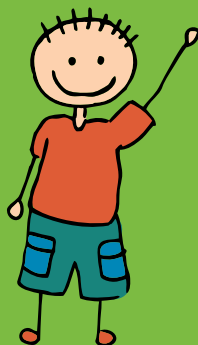
I even do
better in other
subjects after
I've walked!



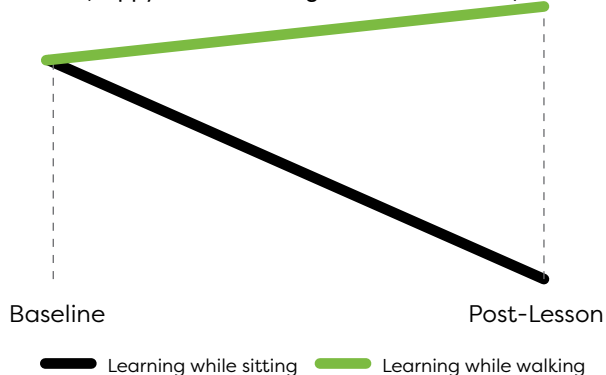
The Walking Classroom improves mood

Walking puts me
in a better mood
and makes me
feel happy!

Students reported feeling **happy**, **healthy**, **educated**, **smart**, and **excited** while walking and learning. Afterward, students felt **strong**, **relaxed**, **energized**, **happy**, and **alert**.



Student Positive Affect after Sitting and
Learning vs. Walking and Learning
(happy, excited, strong, enthusiastic, alert)



We won the Partnership for a Healthier America IMPACT Award 2018!

“The potential for this organization to make a positive impact in the lives of Americans is simply tremendous.”

—Nancy Roman, President and CEO,
Partnership for a Healthier America



“I have loved seeing how the students encourage each other when the walks get challenging. Exercise is new to some of my students and they are rising to the challenge,” said Casey Tuths, Fifth Grade Teacher. Above, two of Casey’s students are helping a fellow student finish a walk.

We’re engaging struggling students



One of my students, who struggles academically, LOVES The Walking Classroom. Although he often has difficulty connecting or remembering new concepts, he can tell you everything about parts of speech and figurative language from the podcasts to which we’ve listened.

He’s even one to shout out when he recognizes these things in reading or during read aloud: “Hey! That’s an idiom!” or “You just used an interjection!”

This just warms my teacher heart!

—Kathie Yonemura, Fourth Grade Teacher

We’re leveling the playing field

One of my favorite things about The Walking Classroom is the way it gives ALL kids a chance at success. It is especially great for struggling students who can’t always stay focused in class or those who don’t do as well in typical classroom settings.

One student in particular ... wasn’t in our classroom during regular instruction because he was so far behind grade level. He was also physically weak due to health issues. ... We decided it would be good for him to join the class for our walks. The first one was difficult for him physically, but he stuck with it and improved over time.

The biggest take-away, though, was that he eagerly shared in our post-walk discussions and had success answering questions about the podcasts. Before that, he would typically just sit and listen, but not participate, even in small group activities. The Walking Classroom gave him a level playing field where he could feel success.

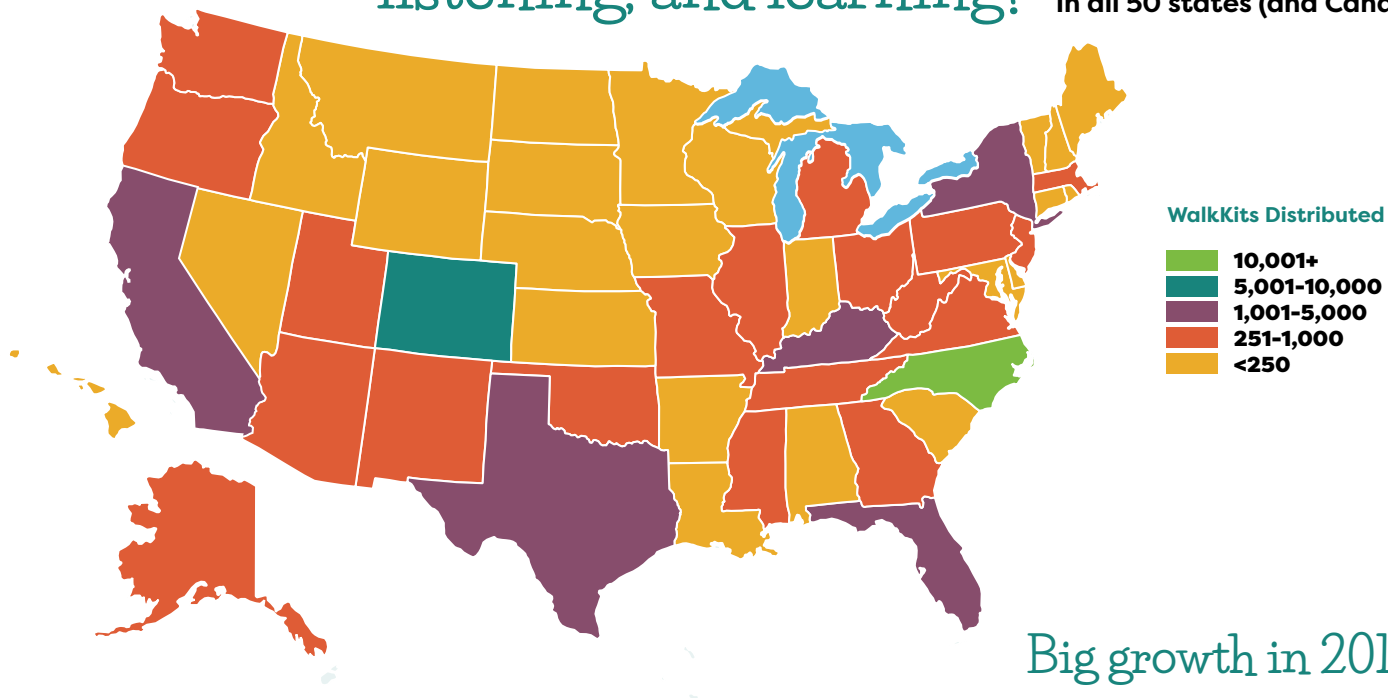
He’s one of the many reasons I love The Walking Classroom and I can’t imagine my classroom without it.

—Kari Lawson, Fourth Grade Teacher



Where will you find kids walking, listening, and learning?

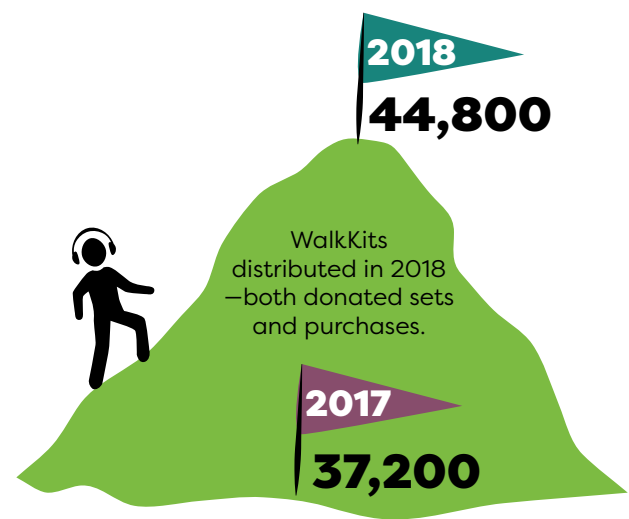
In all 50 states (and Canada)!



Big growth in 2018

**We have an estimated
75,000+ students walking,
listening, and learning with
The Walking Classroom!**

That's based on 44,800 WalkKits in circulation multiplied by our (very conservative) estimation of the number of teachers sharing classroom sets.



"Ever since we got Walking Classroom, I set my alarm really early so I can get to school in time for Walking Classroom."
— Riley, 5th grade, NC

