2018 in Review

Our supporters helped make 2018 a terrific year filled with...

loads of learning...

and miles of smiles!

Thank you to our supporters who make it all possible!

“The facts really get stuck in my brain when I walk.”
— Nini, 5th grade, CA

See our exciting accomplishments in 2018!
We are now a research-proven program!

A study conducted by researchers from the University of North Carolina at Chapel Hill found that:

The Walking Classroom improves learning and retention

I learn more (and remember more) when I’m walking!

Walk, Listen, and Learn vs. Sit, Listen, and Learn

Pre-Test  Post-Test  Long-Term Memory

Learning while sitting  Learning while walking

The Walking Classroom even improves learning in other subjects

Cognitive Performance on Multiplication Test after Walking vs. after Sitting

Baseline  Post-Activity Cognitive Performance

Post-Sitting  Post-Walking

I even do better in other subjects after I’ve walked!

The Walking Classroom improves mood

Walking puts me in a better mood and makes me feel happy!

Student Positive Affect after Sitting and Learning vs. Walking and Learning

(happy, excited, strong, enthusiastic, alert)

Baseline  Post-Lesson

Learning while sitting  Learning while walking

Students reported feeling happy, healthy, educated, smart, and excited while walking and learning. Afterward, students felt strong, relaxed, energized, happy, and alert.

Learn more at: www.TheWalkingClassroom.org/research/
We won the Partnership for a Healthier America IMPACT Award 2018!

“The potential for this organization to make a positive impact in the lives of Americans is simply tremendous.”
—Nancy Roman, President and CEO, Partnership for a Healthier America

We’re engaging struggling students

One of my students, who struggles academically, LOVES The Walking Classroom. Although he often has difficulty connecting or remembering new concepts, he can tell you everything about parts of speech and figurative language from the podcasts to which we’ve listened.

He’s even one to shout out when he recognizes these things in reading or during read aloud: “Hey! That’s an idiom!” or “You just used an interjection!”

This just warms my teacher heart!
—Kathie Yonemura, Fourth Grade Teacher

We’re leveling the playing field

One of my favorite things about The Walking Classroom is the way it gives ALL kids a chance at success. It is especially great for struggling students who can’t always stay focused in class or those who don’t do as well in typical classroom settings.

One student in particular ... wasn’t in our classroom during regular instruction because he was so far behind grade level. He was also physically weak due to health issues.... We decided it would be good for him to join the class for our walks. The first one was difficult for him physically, but he stuck with it and improved over time.

The biggest take-away, though, was that he eagerly shared in our post-walk discussions and had success answering questions about the podcasts. Before that, he would typically just sit and listen, but not participate, even in small group activities. The Walking Classroom gave him a level playing field where he could feel success.

He’s one of the many reasons I love The Walking Classroom and I can’t imagine my classroom without it.
—Kari Lawson, Fourth Grade Teacher
Where will you find kids walking, listening, and learning? In all 50 states (and Canada)!

WalkKits Distributed

- 10,001+
- 5,001-10,000
- 1,001-5,000
- 251-1,000
- <250

We have an estimated 75,000+ students walking, listening, and learning with The Walking Classroom!

That's based on 44,800 WalkKits in circulation multiplied by our (very conservative) estimation of the number of teachers sharing classroom sets.

2018

WalkKits distributed in 2018 — both donated sets and purchases.

2018

44,800

2017

37,200

“Ever since we got Walking Classroom, I set my alarm really early so I can get to school in time for Walking Classroom.”
— Riley, 5th grade, NC

www.TheWalkingClassroom.org | Chapel Hill, NC