

Active Learning!

Students listen to kid-friendly educational podcasts while walking —they walk, listen, and learn!

- National award-winning program is used in all types of educational settings (classrooms, afterschool, camps, mentor programs, etc.)
- Podcasts feature health messages and highlight character values while supplementing core content instruction
- Complimentary online training and professional development is available

Thank you for creating a fun and engaging curriculum that doesn't waste time or take extra effort. Thank you for aligning to my standards. Thank you for integrating science and social studies topics. Just... thank you.

Candice, 5th grade teacher, North Carolina



Demonstrated Results

- Differentiates instruction
- Increases physical activity
- Builds core content knowledge
- Engages different learning styles
- Broadens class participation
- Develops health awareness and healthy habits

Evidence-Based

Research shows exercise helps:

- Fight obesity
- Improve attention and concentration
- Engage different learning styles
- Close the achievement gap



The Walking Classroom really happied up our class! -Ellery, 5th grader, Michigan

The Walking Classroom Program

- Curricula directly align with 4th or 5th grade Common Core, but the podcast topics are appropriate and beneficial for students in grades 3–8.
- Standards-aligned topics cover language arts, social studies, science and more!
- Podcasts are each 15 to 20 minutes long.

Product Information

Program 4 or Program 5 WalkKit *..... \$125

 More than 100 pre-loaded podcasts that align with 4th grade or 5th grade Common Core

STEM Program WalkKit * \$125

- Preloaded with 61 podcasts that focus on STEM topics
- Each podcast includes a brief introduction in Spanish

Program 4 or Program 5 Teacher's Guide

(recommended for classroom teachers)......\$100

Lesson Plans for each podcast include:

Electronic format: \$75

- Synopsis of podcast
- Common Core Standards
- Vocabulary overview
- Discussion questions (focusing on content, health literacy, and character values)
- Comprehension and health review quiz

STEM Teacher's Guide \$75

Lesson Plans for each podcast include:

Electronic format: \$50

- Synopsis of podcast
- Vocabulary overview
- Discussion questions (focusing on content, health literacy, and character values)
- · Comprehension and health review guiz

Program 4 or Program 5 Discussion Guide......\$75

(recommended for out-of-school time)

Electronic format: \$50

Lesson Plans for each podcast include:

- Synopsis of podcast
- Discussion questions (focusing on content, health literacy, and character values)

Home Kit (recommended for home schoolers and families).. \$300

- 2 WalkKits
- 1 Discussion Guide
- * Each child uses his/her own WalkKit while walking.

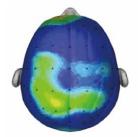
Believe it or not. The Walking Classroom lets me learn even better than when I learn in class. The Walking Classroom is the best.

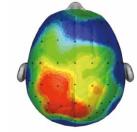
— Tyrone, 5th grader, Florida



- Durable and reusable year after year
- Podcasts can be played at slower speeds—great for ESL students!

Composite of 20 student brains taking the same test





After sitting quietly

After 20-minute walk

Research/scan compliments of Dr. Chuck Hillman, University of Illinois

Happy Trails

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