

# THE walking classroom

walk. listen. learn.

## Active Learning!

Award-winning educational program enjoyed by thousands of students nationwide

- ▶ Program is used in all types of educational settings
- ▶ Students listen to kid-friendly podcasts while walking –they **walk, listen, and learn!**
- ▶ Each child gets a WalkKit audio device preloaded with a school-year’s worth of educational podcasts
- ▶ Each podcast begins with a brief health literacy message
- ▶ Teacher’s Guide is full of lesson plans and comprehension quizzes to help synthesize content
- ▶ Complimentary online training and professional development is available for educators
- ▶ Lending Libraries allow students to walk, listen, and learn at home with their families

Thank you for creating a fun and engaging curriculum that doesn't waste time or take extra effort. Thank you for aligning to my standards. Thank you for integrating science and social studies topics. Just... thank you.

– Candice, 5th grade teacher, North Carolina



## Demonstrated Results

- ✓ Differentiates instruction
- ✓ Increases physical activity
- ✓ Builds core content knowledge
- ✓ Engages different learning styles
- ✓ Broadens class participation
- ✓ Develops health awareness and healthy habits

## Evidence-Based

Research shows exercise helps:

- ✓ Fight obesity
- ✓ Improve attention and concentration
- ✓ Engage different learning styles
- ✓ Close the achievement gap



See TWC in action here

[www.TheWalkingClassroom.org](http://www.TheWalkingClassroom.org) | 919-240-7877

a 501 (c) (3) nonprofit organization

The Walking Classroom really happied up our class! –Ellery, 5th grader, Michigan

## The Walking Classroom Program:

- ✓ Curricula directly align with 4th or 5th grade common core, but the topics are appropriate and beneficial for grades 3–8
- ✓ Standards-aligned topics cover language arts, social studies, science and more!
- ✓ A health literacy message is included at the start of each podcast
- ✓ Podcasts are each 15 to 20 minutes long
- ✓ Teacher's Guide contains lesson plans, discussion questions, and comprehension quizzes for each podcast



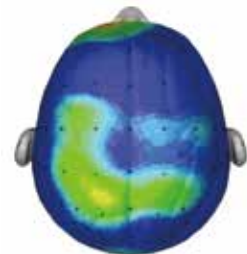
Preloaded "WalkKit" audio device

- ✓ WalkKits are preloaded with over 100 podcasts
- ✓ No updating required
- ✓ Durable and reusable year after year
- ✓ Podcasts can be played at slower speeds—great for ESL students!

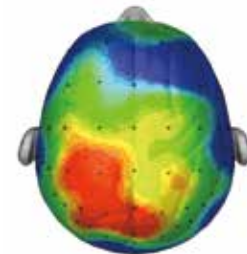
Believe it or not, The Walking Classroom lets me learn even better than when I learn in class. The Walking Classroom is the best.

– Tyrone, 5th grader, Florida

Composite of 20 student brains taking the same test



After sitting quietly



After 20-minute walk

Research/scan compliments of Dr. Chuck Hillman, University of Illinois

For more information about The Walking Classroom, please go to [TheWalkingClassroom.org](http://TheWalkingClassroom.org)

**Purchase Price:** \$100 per individual WalkKit  
\$100 per Teacher's Guide  
\$250 per Lending Library

The Walking Classroom Institute  
1414 Raleigh Road, Suite 295  
Chapel Hill, NC 27517

a 501 (c) (3) nonprofit organization

# Happy Trails!